



COACH LEADER VIRTUAL TRAINING FOR AGED CARE

International Coaching Federation (ICF) recognised program for 18 CCE's

Coach Leader is a highly interactive virtual program, it is not pre-recorded and is designed to build skills and confidence for clinical and non-clinical leaders and emerging leaders.



Date: Tuesday 6th October to Tuesday 17th November 2020 - Includes Eight x 2-hour sessions and Two x 1-hour Coaching in Action sessions

Presenter: Inta Sellick and Katheryn Curnow - Professional Certified Coaches with the International Coach Federation

***Coaching is the art of enabling and empowering people to improve their effectiveness.
Empowering people means to bring out the best in them to take ownership and responsibility, rather than telling, directing or doing it for them!***

Addressing Current Industry Challenges

The pandemic has impacted on everyone, sparked contradictory emotions, created uncertainty about the future, changed our ways of interacting with others and demands innovative ways of working. In stressful and uncertain situations, people react intensely to the problems and fear. More than ever leaders need a way to lead and communicate with their people and clients in a way that connects, engages and collaborates compassionately for residents, clients and within their own teams.

As Sir John Whitmore says "Coaching is not merely a technique to be wheeled out and applied in certain situations. It's a way of managing, a way of treating people, a way of thinking, a way of being".

Leaders must continue to grow and develop their people and adopt growth mindsets to identify and embrace a wide range of people, process and technology changes.

Sessions Overview:

1. Building high quality connection, engagement and collaboration with trust and safety for face to face and or remote workers
2. How to have a coaching conversation with a coaching mindset, presence and curiosity
3. Listening actively to what is being said and unsaid
4. Emotional agility, neuroscience and pyramid of emotional needs
5. Coaching in the moment – just in time
6. How to have tough and compassionate conversations
7. Planning for progress through Action and Accountability
8. Shared vision and embedding your skills daily – stay calm & keep coaching

Coach Leader Virtual Training Benefits:

Helping leaders to:

- Inspire and nurture workplace cultures that will adapt, support and grow all employees during and beyond this unprecedented crisis
- Learn coaching skills to engage and connect with staff to develop and unleash their potential, and enable them to work more easily, collaboratively and productively. The result will be enhanced internal capacity with the ability to overcome obstacles and meet today's challenges with new possibilities
- Consider wellbeing, quality of life and resilience for everyone
- Mindfully choose how to respond, react and connect with all their stakeholders

About our coach facilitators:

Professional internationally accredited and credentialed coaches with extensive experience. You will work with real workplace scenarios drawn from your unique aged care environments and leadership challenges for skills practice in a safe and supported learning environment. Our program is highly experiential and covers formal, informal and coaching in the moment models.

Coach Studio is South Australia's leading coach training company providing internationally accredited coach skills training with ICF accreditation for 'Coach Leader Training' Program. www.coachstudio.com.au

Session Dates and Times:

Session 1: Tuesday 6th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 2: Friday 9th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 3: Tuesday 13th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 4: Friday 16th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 5: Tuesday 20th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 6: Friday 23rd Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 7: Tuesday 27th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Session 8: Friday 30th Oct - 10am to 12pm ACST / 10.30am to 12.30pm AEST / 8.30am to 10.30am AWST

Coaching in Action Dates and Times:

Session 1: Tuesday 10th Nov - 11am to 12pm ACST / 11.30am to 12.30pm AEST / 9.30am to 10.30am AWST

Session 2: Tuesday 17th Nov - 11am to 12pm ACST / 11.30am to 12.30pm AEST / 9.30am to 10.30am AWST

ACIA and Coach Studio are committed to you having a robust and enjoyable learning experience by growing your skills and confidence as a coaching leader. **It can't be interactive if you're not there.** These are not recorded sessions, however if you unable to attend, catch up sessions can be arranged at \$150 + GST per session. **Program registrations will be capped at 20 participants.**

Our Leadership Coach Facilitators



Inta Sellick, PCC

Leadership Coach and Facilitator

Adelaide, South Australia



Inta is an experienced professional coach credentialed with the International Coach Federation as a Professional Certified Coach (PCC). She is a leadership coach, team/group coach, facilitator and ICF mentor coach for global credentialing of coaches. For over 5 years has held leadership roles with ICF Australasia as Director Australia, Professional Standards Committee member and ICF SA President. With over 1,000 coaching hours and 18 years' experience in leadership and coaching her work focuses on developing the potential of leaders and coaches globally.

Inta delivers results with her clients and is known as a wise, inspiring, passionate and knowledgeable coach and trainer with real integrity. As a transformational coach with a strengths based approach she has the ability to gently stretch people out of their comfort zones to discover what they are truly capable of.

Inta is the Founding Director and Principal Coach of Coach Studio Pty. Ltd. and designer of the ICF approved Coach Leader Training program and Spread Your Coaching Wings providing high quality coach training and mentor programs. Her experience spans over corporate, multi-national, government and NFP sectors across diverse fields including healthcare, aged care and education. She has held associate coach roles with Swinburne University and Coach in a Box (BTS) Coach as coach trainer and leadership coach.

Qualifications: PCC since 2013, ICF mentor coach, Executive Coaching Training with Results Coaching Systems (NeuroLeadership Group), certified Team Coach, accredited in The Leadership Circle framework, ACT, HILCA and undertaking studies in Neuroscience certification.

Growing Coaches: Inta's philosophy encourages powerful purpose, collaboration and empowerment. Has been a long time sponsor and active coach to World Youth International and SHE (Support Her Enterprise) Cambodia leading coach study tours for volunteer coaches in Cambodia.

Inta was invited to represent Australasia in ICF's Credential Legacy series.

www.youtube.com/watch?v=jTXn88bBEgo



Katheryn Curnow
Executive Leadership Coach and
Facilitator
Adelaide, South Australia



Katheryn is an experienced leadership coach and holds the Associate Certified Coach (ACC) credential with the International Coach Federation.

With over 15 years' experience working as an Organisational Development Consultant, Katheryn's background includes the design and facilitation of leadership development programs, initiatives to enhance individual and team performance and approaches for supporting leaders with navigating culture change.

Katheryn's coaching experience extends to senior leaders and CEO's across a range of industries. As a coach, Katheryn is passionate about partnering with individuals and teams to reconnect with their purpose and drivers for making a positive impact, strengthening confidence in their capability and building resilience to support with positively responding to opportunities and challenges.

Katheryn is accredited in the CILCA and HILCA 360 assessment tools which provide leaders, teams and organisations working in the Health Care and Aged Care industries with insights around their own capabilities by assessing their current vs desired effectiveness in a range of specific qualities associated with leadership in each industry. Katheryn is also accredited in the CISCA and HISCA tools which have been created to measure the care capability, engagement, culture and receive relevant consumer/ customer feedback for an entire team within the Care or Health Industry.

Katheryn is currently the Director of Finnbell Inclusion & Diversity Consulting which strives to a build curious, connected and collaborative workplace culture which enables diversity and wellbeing to thrive.

Experience

- Executive and leadership coaching
- Group coaching
- Program design and facilitation
- Team development

Education / Training

- Graduate Diploma Psychology: Monash University (in progress)
- Masters Business Administration (MBA): University South Australia
- Graduate Certificate in Gender Mainstreaming, Policy and Analysis: Flinders University
- NeuroLeadership Institute – Intensive Coach Training Certification (ICF recognised)
- Certificate IV TAE – Training & Assessment (Level 2 iRest® Yoga Nidra: iRest®)

COACH LEADER VIRTUAL TRAINING FOR AGED CARE

Email registration form to enquiry@acia.asn.au

- Member - \$1,400 per person Non-Member - \$1,550 per person
 Member Group* - \$1,300 per person Non-Member Group* - \$1,450 per person

*** Group discount is applicable for bookings of four or more from the same organisation and all prices include GST**

Name: _____

Organisation: _____

Position: _____ Phone: _____

Email: _____

*** Email address of participant is required for the online link**

Payment Details

- Credit Card* Visa Card* Master Card* *All Card Payments attract a 1.5% surcharge

Card No: _____ Expiry: ____ / ____

Cardholders Name: _____ Signature: _____

Invoice for EFT Payment

Cheque: Make payable to: Aged Care Industry Association or ACIA
(Post to 5/259 Glen Osmond Rd, Frewville, 5063)

Terms and Conditions

Please note this registration is not an invoice. Aged Care Industry Association (ACIA) will forward a confirmation upon receipt of this registration. Bookings must be made prior to the workshop using the registration form provided and emailed to ACIA.

Course cancellations: ACIA reserves the right to cancel events if sufficient numbers are not achieved. In the case of a cancellation by ACIA all registration fees will be refunded in full.

Registration transfer or cancellation: Notification of cancellation or transfer of registration must be provided in writing by email to enquiry@acia.asn.au. No refund is available for any cancellations received five working days or less prior to the start date or for non-attendance. A substitute delegate is welcome. Please notify ACIA in writing of any substitution as soon as possible.

DISCLAIMER: The advice and views of speakers and the content of presentations are entirely and exclusively the views of the speakers and do not necessarily reflect the views of ACIA. ACIA disclaims all liability in relation to actions taken in response to information presented by speakers.